



PRAYER ROOM

WELCOME TO THE HOPE BROOKLYN PRAYER ROOM!

This is a space with opportunities to be in the presence of the living God through reflection, contemplation, creation and intercession. Many experience prayer as a one-sided monologue, but there is more! We hope your time in the prayer room will allow for listening, engaging with your senses, and connecting deeper with the one who created you.

As we enter into the Lenten season, we remember that we have access to a living God who resurrected from the dead. We hope that as we enter the house of Zion with weeping we will leave with shouts of joy over how gracious God has been to us. (Isaiah 30:19-20, Psalm 126)

Jesus said, "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest." (Matthew 11:28) We pray this space will be exactly what you need - wherever you are at on your spiritual journey.

THERE ARE TWO SELF-GUIDED STATIONS TO EXPERIENCE:

Station One: Lateral Cross / Connection with those around us

This is an area for active expressions of prayer and contemplation. There are optional prompts that will invite you to use your hands and minds (in creating, writing, reflecting, etc.)

Collective Tree - This "living" tree will be a visible, growing expression of the different messages we receive and speak in the prayer room. We will have a chance to place leaves of different colors, based on our desired expression, to grow the tree. **Red** for adoration; **Orange** for confession; **Green** for thanksgiving; **Yellow** for supplication.

Station Two: Vertical Cross / Connection with Trinity

This is an area for deeper connection with God. You can spend this time in silence. You can bring the matters highlighted in your time at Station One before the Lord and go deeper with the Spirit. You can lament, repent, or simply abide. This is your time to *be*. There will be optional prompts designed to guide you into deeper connection.

THE EXPERIENCE CONTINUES

In Station One, there will be small journals to take home (especially if you do not have one.) Come back and continue to engage, as you feel led, with the living, present Jesus.

REMEMBER:

- Please be mindful of others in the room and respectful of how they are worshipping and praying.
- Please leave the place clean and neat.
- Have a wonderful time. May you experience exactly what you need on your journey.